

WOKINGHAM BOROUGH WELLBEING BOARD

ANNUAL REPORT

2018-19



**WOKINGHAM
BOROUGH COUNCIL**



Berkshire West

Clinical Commissioning Group



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Introduction

The Wokingham Borough Wellbeing Board has recently completed its sixth year as a formal committee.

Under the Health and Social Care Act 2012 all upper tier local authorities were required to establish Health and Wellbeing Boards from April 2013. Health and Wellbeing Boards are forums where key representatives from health, social care and the community can work in partnership to reduce health inequalities locally and to improve the overall health and wellbeing of residents.

The membership of the Board for 2018-19 was as follows:

- Councillor Richard Dolinski (Chairman) (Executive Member for Health and Wellbeing), Wokingham Borough Council (WBC) (until November 2018)
- Councillor Parry Bath (Chairman) (Executive Member for Health and Wellbeing and Adult Social Care), Wokingham Borough Council (WBC) (from December 2018)
- Councillor Mark Ashwell (Executive Member for Children's Services) (May 2018)
- Councillor Pauline Helliard-Symons (Executive Member for Children's Services) (from May 2018)
- Councillor Charlotte Haitham Taylor (Leader of the Council, WBC) (until November 2018)
- Councillor Julian McGhee-Sumner (Leader of the Council, WBC) (from December 2018)
- Councillor David Hare (Opposition, WBC) (from June 2018)
- Dr Debbie Milligan (Vice-Chairman) (NHS Berkshire West Clinical Commissioning Group) (from April 2018)
- Dr Cathy Winfield (NHS Berkshire West Clinical Commissioning Group)
- Katie Summers (NHS Berkshire West Clinical Commissioning Group)
- Tessa Lindfield (Strategic Director of Public Health for Berkshire) (from May 2018)
- Darrell Gale (Interim Strategic Director of Public Health for Berkshire) (until July 2018)
- Paul Senior (Interim Director People Services, WBC) (May 2018)
- Carol Cammiss (Director of Children's Services, WBC) (from November 2018)
- Angela Morris (Director of Adult Services, WBC) (from August 2018)
- Sarah Hollamby (Director Locality and Customer Services, WBC) (from December 2018)
- Graham Ebers (Deputy Chief Executive and Director Corporate Services, WBC) (from February 2019)
- Nick Campbell-White (Healthwatch Wokingham Borough)
- Nikki Luffingham (NHS England, Thames Valley Area Team)
- Superintendent Shaun Virtue (Community Safety Partnership)
- Clare Rebbeck (Voluntary, Community and Faith Sector) and (Place and Community Partnership) (until November 2018)

- Phil Cook (Voluntary, Community and Faith Sector) and (Place and Community Partnership) (from January 2019)

The membership for 2018-19 is currently as follows:

- Councillor Parry Batth (Chairman) (Executive Member for Health and Wellbeing and Adult Social Care) Wokingham Borough Council (WBC)
- Councillor Pauline Helliar-Symons (Executive Member for Children's Services, WBC)
- Councillor Julian McGhee-Sumner (Leader of the Council, WBC)
- Councillor David Hare (WBC)
- Graham Ebers (Deputy Chief Executive and Director Corporate Services, WBC)
- Dr Debbie Milligan (Vice Chairman) (NHS Berkshire West Clinical Commissioning Group)
- Dr Cathy Winfield (NHS Berkshire West Clinical Commissioning Group)
- Katie Summers (NHS Berkshire West Clinical Commissioning Group)
- Tessa Lindfield (Strategic Director of Public Health for Berkshire)
- Carol Cammiss (Director Children's Services, WBC)
- Angela Morris (Director Adult Services, WBC)
- Sarah Hollamby (Director Locality and Customer Services, WBC)
- Nick Campbell-White (Healthwatch Wokingham Borough)
- Nikki Luffingham (NHS England, Thames Valley Area Team)
- Superintendent Shaun Virtue (Community Safety Partnership)
- Phil Cook (Voluntary, Community and Faith Sector) and (Place and Community Partnership)

The core functions of the Wellbeing Board are:

- To prepare a Joint Strategic Needs Assessment, which gives an overview of the Borough's current and likely future health and wellbeing needs;
- Based on evidence detailed within the Joint Strategic Needs Assessment, produce a Joint Health and Wellbeing Strategy, which details how needs identified will be met;
- To create and publish a pharmaceutical needs assessment, an overview of local pharmaceutical needs, services and any gaps in provision;
- To encourage integrated working between commissioners of health services, Public Health and social care services, for the purposes of advancing the health and wellbeing of the people in its area;
- To consider how resources can be shared effectively between partners and where appropriate, to pool budgets;
- The local Clinical Commissioning Groups must involve the Wellbeing Board in the preparation or revision of their commissioning plans.

Work Programme 2018-19:

The 2018-19 Annual Report highlights key areas of work undertaken by the Wellbeing Board during the previous municipal year, which included the following:

Joint Health and Wellbeing Strategy 2018-21:

The Wokingham Borough Wellbeing Board created a revised, 'punchy' and more meaningful Joint Health and Wellbeing Strategy. Board members during 2018-19 discussed where the Wellbeing Board could make the biggest impact and key health and wellbeing indicators. It was decided that the Board should have a focus on wellbeing specifically and this has been reflected in the revised strategy and the name of the Board (now Wokingham Borough Wellbeing Board).

A refreshed Joint Health and Wellbeing Strategy for 2018-2021 was designed around the vision of "creating healthy and resilient communities", within which is three key priorities:

- **Creating physically active communities**
- **Reducing social isolation and loneliness**
- **Narrowing the health inequalities gap**

Although these are the key priorities, they are also an umbrella that covers a large range of areas and issues that relate to the local needs of the Borough. Some examples of these are: the mental health of all ages, support for carers, utilising green spaces, transport availability, school readiness, employment and vulnerable people.

The action plan, which has been named 'Strategy into Action', will be co-produced by the Wellbeing Board and key stakeholders in spring 2019. This collaboration for the development of the action plan will aim to enhance relationships and enable our partners to decide on their level of involvement from the outset. This resource will be utilised to support, co-ordinate and help to progress actions. In order for an effective action plan, it is important that the current work within the Borough is mapped out so we are able to gauge the level of activity and pave the way for grasping opportunities. Furthermore, to ensure that Strategy into Action is kept on track with achieving the actions and key priorities, a number of metrics will be produced using both national guidelines and local needs.

During 2019/20 the Wellbeing Board will continue to work with its partners to address health inequalities, targeting those in the community who are most vulnerable.

Wellbeing Board Refresh:

The Wellbeing Board has considered proposals to refresh its 'agenda' since 2017. These considerations have been in relation to governance, partnership working and other issues seen to be relevant to improving the effectiveness of the Board and enhancing its community engagement. It was decided that in order to ensure enhanced focus, vibrancy and engagement with the community, the agenda should be the steering for this.

An agenda setting group has been set up to review and discuss papers to be presented to formal Board meetings to determine if the paper is appropriate for inclusion. There will be close monitoring of prospective items to ensure the Board are clear on what is being asked of them and how the items fit in with the refreshed strategy and key priorities. This group will continue to meet throughout 2019/20 to ensure governance and discipline is

maintained. An example of this has been enforced that stronger governance will be maintained around partner updates in formal meetings.

Moreover, it was considered that an enhanced collective contribution towards the three key priorities could be achieved by:

- i) a stronger alignment of our respective business cycles
- ii) review of the attendance/representation at the Board
- iii) visibility and input from 'external' organisations delivering on the agenda

The Board has since begun implementing this governance in a number of ways. The Board enhanced membership by extending it to the Director of Locality and Customer Services at Wokingham Borough Council was appointed in November 2018. This appointment would allow for closer relationships and input from a planning perspective. A revised reporting template for the Board agenda items has also been created with an enhanced focus on delivering against the priorities. Moreover, Board members have been assigned against each of the priorities to strengthen focus further.

Furthermore, the Board has had a number of external organisations present as part of the formal meetings. In August 2018, the focus was on increasing physical activity and there were representatives from a number of internal and external organisations who informed the Board of ongoing projects in the Wokingham Borough. The invigorating section was closed off by an external organiser holding a short Thai Chi session for the Board members.

Bi-monthly informal Board meetings were reinstated from September 2018, which provide capacity for deep dive conversations and focus on specific themes.

Wellbeing Board Member Training:

A Local Government Association (LGA) led training event was held last year which was aimed at the Chairs and Vice Chairs of Health and Wellbeing Boards. The event focused on comparing practice, learning and sharing ideas, networking and updating awareness of policy issues from key national partners. Both the Chair and Vice Chair of the Wokingham Borough Wellbeing Board attended this event and found it very beneficial.

In July 2018, the LGA also held a facilitated integration workshop called '*Stepping up to the Place*' for Wellbeing Board members which was extremely beneficial as it highlighted areas of strength and also key challenges. The workshop presented an opportunity to establish a platform to build on. There was strong commitment shown to enhance strategic objectives and to allow for effective and efficient production and delivery of a refreshed strategy.

Wellbeing Board Website:

As an ongoing project from 2018, the health section of the Wokingham Borough Council website is being updated and improved, to allow easy access to all health information and services in one place. This will include a range of signposts to health partners and advice, health statistics, and Public Health campaigns. The section will also provide links to the key assessments and strategies that are linked with health. There is also a dedicated

section for the Wokingham Borough Wellbeing Board which outlines the functions and principles of the Board and the revised Joint Health and Wellbeing Board Strategy 2018-21.

The health webpages are expected to be launched in 2019.

Public Health Campaigns:

Public Health England carried out many national health campaigns over the course of 2018 and the Board received presentations on some of the overarching campaigns such as healthy weight, influenza immunisations and emotional and mental health.

In the November 2018 meeting, Board members were presented with a summary and learnings from the 2017/18 flu campaign and were introduced to the Local flu plan for 2018/19. A flu planning workshop took place in June 2018 where a range of stakeholders attended and brought together their plans for provision and promotion of the flu vaccine. Following the workshop, the Shared Public Health Team developed a high level Berkshire Flu Plan which enabled the Wokingham Public Health team to create a local flu action plan for the 2018-19 season.

The Board acknowledged these campaigns and will support the 2019/20 programme.

Wokingham Borough Council Emotional Health and Wellbeing Strategy 2018-21:

The Board was presented with the Wokingham Borough Council's Emotional Wellbeing Strategy 2018-2021 in November 2018. The strategy had been developed in order to promote an integrated and holistic approach to Children and Young People's Emotional Wellbeing. It also looked to develop stronger links between the local authority, voluntary sector and health, with regards to delivering on the health and wellbeing agenda for children and young people. The priority areas that the Strategy focused on had been grouped together under four themes; better intelligence to aid and improve decision making, support for schools and additional universal settings, early identification and self-help, and improving access. It was acknowledged that this strategy links in well with the refreshed Joint Health and Wellbeing Strategy.

A wider, more developed action plan will be brought back to the Board and the Board will review the impact of the strategy in 2019/20.

Public Health Annual Report:

It is a statutory requirement for the Director of Public Health to produce an annual report. The 2018 Annual Report was named "Creating the Right Environments for Health". The report focused on the wider determinants of health, specifically the natural environment, and how these can have a significant impact on people's lives. The report highlighted government policies and initiatives to utilise green and blue spaces effectively then applied this to the Wokingham Borough and what resources are available. Furthermore, the report

looked at different areas such as mental health, children and young people, physical activity and health inequalities within communities, and provided an in-depth analysis of the current policies, the statistics in Wokingham and the potential opportunities to come.

The following was recommended:

- Local authorities and other agencies should continue to encourage community initiatives that make the most of natural space available, with the aim of improving mental health, increasing physical activity and strengthening communities.
- Existing green space should be improved and any new developments should include high quality green spaces. The use of professional design and arrangements to ensure the ongoing management of natural environments should be considered if spaces are to be sustainable.
- Opportunities to increase active transport should be considered when designing new green spaces and in the improvement of existing space.
- Planning guidance for new developments should specifically consider the use of green and blue space to improve the health and wellbeing of residents and other using the space.
- Local authorities and their public health teams should foster new relationships with organisations aiming to improve the natural environment and its use.

The report was published and realised to the public in May 2018.

Wokingham's Pharmaceutical Needs Assessment 2018-2021:

Every three years the Health and Wellbeing board is under statutory requirements to produce a local Pharmaceutical Needs Assessment (PNA) which describes the needs of the Wokingham Borough population and considers the current provision of pharmaceutical services to assess whether they meet the identified needs of the population. The assessment also considers whether there are any gaps in the delivery of pharmaceutical services.

The PNA highlighted that Wokingham Borough has a good provision of essential and advanced pharmaceutical services that are well distributed around the borough and easily accessible to the communities. A potential gap was identified with regards to the upcoming housing developments such as Arborfield, in that patients may have to travel further to access essential services outside of core hours; this could mean that additional pharmacy provision may be required.

Wokingham's Joint Strategic Needs Assessment 2018-2021:

The Joint Strategic Needs Assessment (JSNA) is a process by which local authorities and Clinical Commissioning Groups (CCGs) assess the current and future health, care and wellbeing needs of the local community to inform local decision making. The JSNA was introduced following the Health and Social Care Act 2012 and it is the statutory responsibility of the Health and Wellbeing Boards to produce the assessment and to update it on an annual basis.

Wokingham's 2018-2021 JSNA will be comprised of five chapters; 'Borough Profile', 'Starting Well', 'Developing Well', 'Living and Ageing Well' and 'People and Places'. These chapters will be comprised of infographic data to highlight Wokingham's position against comparators, such as the South East region and England, and will be accompanied by a narrative to provide background and context.

The JSNA is currently a work in progress and the completed assessment will be presented to the Board for sign off in April 2019.

Children and Adolescent Mental Health Services (CAMHS) Local Transformation Plan - Implementing Future in Mind across Berkshire West CCGs:

In 2015, the Government issued a report called 'Future in Mind – Promoting, Protecting and Improving our Children and Young People's Mental Health and Wellbeing', about why changes in mental health services for children and young people are needed. From this, a Local Transformation Plan (LTP) was created by Berkshire West CCG for the children and young people living in Wokingham, Reading and West Berkshire. The public bodies, voluntary and community organisations involved in supporting children and young people's mental health are working together in partnership on LTP that will deliver improvements in mental health and wellbeing. The LTP is reviewed, refreshed and published annually and is in line with the requirements of the NHS 'Five Year Forward View for Mental Health' and the Green Paper. The vision is to ensure that every child and young person to get the help they need, when and where they need it.

NHS England have approved and revised the Future in Mind Local Transformation Plan in October 2018. By 2020 support will be individually tailored to the needs of the child, family and community – delivering significant improvements in children and young people's mental health and wellbeing. The LTP is about integrating and building resources within the local community, so that emotional health and wellbeing support is offered at the earliest opportunity. The goal is to reduce the number of children, young people and mothers whose needs escalate to require specialist intervention, a crisis response or in-patient admission.

The extent of the transformation so far has been recognised by CQC, OFSTED, NHS England Regional Team and the Children's Commissioner for England. There has been a movement away from the traditional escalator style tiered system, to a systems approach that is informed by the THRIVE framework. The focus is on promoting a whole system framework of care and moving away from a specialist single agency mental health response to families, communities, schools, public health, social care and voluntary sector. Investments have been made in workforce training across schools, primary care, the voluntary sector and social care. An example of this is the collaboration between the Reading Emotional Wellbeing Partnership, West Berkshire Emotional Health Academy and the Wokingham School Link Project in which they have built skills and support in schools and the community.

As the local system has matured, so has the ambition to transform services even further. This has led to the bid to become a Green Paper Trailblazer site. Berkshire West CCG are currently in the process of bidding to become a Trailblazer site for the Green Paper Reforms with the confidence of already being cited by the Children's Commissioner for England as an area of good practice. The intention is to build on well-established joint

working arrangements with Local Authorities to achieve further sustainable whole system change. Two Trailblazer lots are being bided for – creating new local Mental Health Support Teams (MHSTs) and reducing the waiting times for Specialist Child and Adolescent Mental Health Services (CAMHs) and the Anxiety and Depression pathway.

Although lots of changes have been made so far, there is still more to be done to make the local mental health services the best they can be.

Better Care Fund:

The Better Care Fund (BCF) is the national programme, through which local areas agree how to spend a local pooled budget in accordance with the programme's national requirements. The pooled budget is made up of CCG funding as well as local government grants, of which one is the Improved Better Care Fund (iBCF).

The iBCF was first announced in the 2015 Spending Review, and is paid as a direct grant to local government, with a condition that it is pooled into the local BCF plan. The iBCF grant allocations were first given in April 2017. In 2018/19 we received £112,000 which was a significant decrease of £57,000 from the previous year. For 2019/20, we will be receiving £56,390. As with previous years, our iBCF funding was considerably less than other surrounding local authority areas e.g. Reading £1,602,176 and West Berks £583,666 for 2018/19.

The Board members were presented the Better Care Fund Annual Report 2017/18 in June 2018. This provided a high level overview of performance against the budget of the Better Care Fund for 2017/18 in accordance with the Section 75 agreement. The report highlighted that Wokingham had done well with regards to keeping over 75's fit and healthy in their own homes which was a priority focus in the BCF.

In support of the work outlined in the report, it was agreed that the governance was to be through a Memorandum of Understanding (MoU) between the partners, which was implemented in a shadow format from 1st April 2018. At the meeting in November 2018, the Board reviewed the MoU for sign off and recognised that this was an important and significant step in the development of a new collaborative partnership for health and social care in Wokingham. It was agreed that the Board would reconsider the MoU at a future meeting once it had been considered and adopted by the Clinical Commissioning Group (CCG).

The Board had received quarterly updates on the programme performance and will continue to receive and review these in 2019/20.

Berkshire West Integrated Care System Operating Plan 2018/19:

The Berkshire West Integrated Care System (ICS) is a partnership between Berkshire West CCG, the acute Royal Berkshire Hospital and Berkshire Healthcare Foundation Trusts, and providers of GP services in four locality or neighbourhood 'alliances'. The ICS covered residents from Reading, West Berkshire and Wokingham and was recognised by NHS England as an ICS Exemplar area in June 2017 and is one of 10 ICSs across England. The commitments of the ICS are outlined in the Memorandum of Understanding which was taken to the Board for review in November 2018.

The Berkshire West Integrated Care System Operating Plan 2018/19 superseded the Clinical Commissioning Group (CCG) Operational Plan 2017-19. The Operating Plan sets out how the CCG will deliver the NHS Five Year Forward View, working as part of the BOB STP and driving the establishment of the Berkshire West Integrated Care System, and was the first operating plan that was jointly written by the ICS.

The first draft of the plan was submitted to NHS England in March 2018 and received positive feedback overall. The final version was taken through the required governance at BHFT and RBHFT prior to final submission to NHS England at the end of April 2018.

The Operating Plan builds on engagement activities carried out over recent years, including patient and public engagement meetings and public events. It outlines the key requirements and deliverables for the ICS 2018/19 and focused on six key areas of transformation:

- 1) Outpatient services
- 2) Development of an integrated respiratory service
- 3) “High Intensity Users” programme
- 4) Development of an Integrated musculoskeletal service
- 5) Maternity transformation
- 6) Diabetes transformation

There are five domains against which the ICS will deliver: These are:

Domain 1 – Deliver the 5 Year Forward View as one of the pillars of the ICS and is central to improving the health of our local population.

Domain 2 – Deliver local transformation priorities such as New Care Model work streams which will give the freedom and support to the clinical leaders for the design of service improvements for the patients.

Domain 3 – Deliver financial sustainability as one of the key aims of the ICS and a significant amount of shared resource has been and will continue to be required to support this.

Domain 4 – Embed a population health approach which is an approach to better understand the needs of the local population as a whole with specific improvement actions identified through which the local NHS can improve both clinical and financial outcomes.

Domain 5 – ICS Governance and Leadership which has been in place since 2015 and was refreshed in 2017 and is governed by a monthly programme dashboard which tracks this progress.

The ICS has continued to work on building partnerships and introducing joint working across the health economy and with its local authorities. Work has progressed on the 6 programmes of work highlighted above with many of the projects starting to move from the ‘design’ stage into ‘business case’ stage to start to deliver the transformation needed to support the 5 domains listed above. The system continues to perform well in delivering the *5 Year Forward View* and is looking to build on these achievements now the *Long Term Plan* has been published. A key part of the *Long Term Plan* is the development of Primary Care Networks which will deliver services closer to home for patients. The ICS has 4 GP Alliances in place and work has already begun to explore how services traditional delivered in hospitals could be delivered in a different way in primary care.

The operating plan for 2019/20 is currently being drafted with the final version due in April 2019 where much more detail will be given on how the system plans to work moving forward.

The NHS Long Term Plan Update:

The NHS Long Term Plan is a new plan for the NHS to improve the quality of patient care and health outcomes which was published in January 2018 on the back of the NHS Five Year Forward View. The aim of the plan is to create a new model of care for the 21st century which will have an increased effort on prevention of illness and tackling health inequalities. The plan outlines that a joined up approach will be taken to ensure better co-ordinated and more proactive care.

The Long Term Plan sets out five major, practical changes to the NHS service model that will be brought about over the next five years:

1. 'Out of hospital' care will be boosted and the historic divide between primary and community health services will be dissolved.
2. The NHS will redesign and reduce pressure on emergency hospital services.
3. More personalised care will be offered to increase people's control over their own health.
4. Digitally-enabled primary and outpatient care.
5. Local NHS organisations will increasingly focus on population health and local partnerships with local authority-funded services, through new Integrated Care Systems (ICSs) everywhere.

Wokingham are in a good position with the 21st century service model. This model puts huge emphasis on prevention and preventative measures and has recognised the need for up to date technology. The focus on out of hospital care will involve a big change in GP delivered care where GP practices will come together to form networks. These networks will allow for a broader range of assistance in providing health care.

Community Navigators in the Wokingham Borough are already providing a social prescribing service which aids the out of hospital care approach. The Community Navigation scheme provides an essential link between health services and local voluntary and community provisions which is known as 'social prescribing'. This scheme in Wokingham is provided by Involve. Personalised care will include a focus on proactive care, personal health budgets and personal care plans which collectively will aid tailored support for individuals.

Across Berkshire West, work is to be carried out to define exactly what the 'neighbourhoods' will include. This will take into consideration the GP Alliances that are currently in place in Berkshire West, the NHS definition of neighbourhoods and the Primary Care Networks to align into one clear definition. The overarching aim is to have self-sufficient, integrated neighbourhoods. The neighbourhoods will envelop Population Health Management which is discussed at detail in the Long Term Plan which focuses on primary care, urgent care and planned care to enable early intervention and targeted support.

The Board will continue to receive updates on the progress of the NHS Long Term Plan and will review the strategy which is to be produced in autumn 2019.

Voluntary Sector engagement

Involve hosted a Community Awareness Event on 10 May 2018 which focused on Community Safety. This was in partnership with the members of the Community Safety Partnership Board and there were 51 attendees. Throughout June and July 2018 Involve also hosted Youth Discussion meetings in a co-productive manner to look at youth provision locally which is ongoing through 2019/20. Furthermore, Involve hosted a Community Awareness Event on World Mental Health Day in October 2018 which was in partnership with the members of WIWAG (Wellbeing in Wokingham Action Group). There were over 100 attendees and more than 15 partner organisations supported the delivery.

Ongoing, Involve has been pushing and promoting #WokinghamHWBB on social media which has led to increased engagement each month.

The monthly promotional areas are as below:

April 9th – Active April 🏃
May 14th – May Events 📅
June 11th – Carers ❤️
July 9th - Safe in summer ☀️
August 13th - Learning & Development 🍏
September 10th – Food & Nutrition 🍷
October 8th – Diversity 🌍
November 12th – Heritage & History 📖
December 10th – Emotional Well-Being ❤️
January 14th - Keep Safe & Healthy 🛡️
February 11th – Friendships 📅
March 11th - De-clutter, De-stress 📅

Throughout the 2019/20, Involve will continue to engage with the local voluntary and community sector and statutory partners through meeting and board attendance, delivering business planning and network opportunities and general contact and communications.

Partnerships:

The work of the Wellbeing Board is supported by the following partnerships:

- Business, Skills and Enterprise Partnership; (currently dormant)
- Children and Young People's Partnership;
- Community Safety Partnership;
- Place and Community Partnership;
- Wokingham Integrated Partnership.

The Wellbeing Board received regular updates from the relevant Board members on the work of the Community Safety Partnership, Place and Community Partnership, the Voluntary Sector and Healthwatch Wokingham Borough.

2019/20 Work Programme:

The Wellbeing Board's work programme for 2019/20 will be an evolving document and will be developed over the next few months. The outcomes from the emerging Joint Strategic Needs Assessment will inform the priorities for the work of the Wellbeing Board's work programme for 2019/20.

Share your Wokingham news, information and advice using #wokinghamHWBB and follow us on Facebook and twitter for updates on how to stay happy and healthy.

Glossary of abbreviations

Abbreviation		Description
BCF	Better Care Fund	A programme spanning both the NHS and local government which seeks to join-up health and care services, so that people can manage their own health and wellbeing, and live independently in their communities for as long as possible.
BHFT	Berkshire Health Foundation Trust	A specialist mental health and community health services trust that operate from more than 100 sites in Berkshire.
BOB STP	Buckinghamshire, Oxfordshire and Berkshire West Sustainability Transformation Plan	Covers a population of 1.8 million people in the South East and together utilising the plans that set out practical ways to improve NHS services and population health.
CAMHS	Children and Adolescent Mental Health Services	CAMHS is used as a term for all services that work with children and young people who have difficulties with their emotional or behavioural wellbeing.
CCG	Clinical Commissioning Group	Clinically-led statutory NHS bodies who are responsible for the planning and commissioning of health care services for their local area. There are now 195 CCGs in England.
iBCF	Improved Better Care Fund	In 2017 spring budget, Department of Communities and Local Government provided an additional Adult social care fund of £169k in part supported sustainability of care market.
ICS	Integrated Care System	Provides a conceptual framework to support practitioners and managers in undertaking the key tasks of assessment, planning and intervention and review.
JSNA	Joint Strategic Needs Assessment	Examination of the current and future health and care needs of local populations to inform and guide the planning and commissioning of health, wellbeing and social care services within a local authority area. It is a statutory requirement for the Wellbeing Board to produce the assessment every three years and keep it updated.

LGA	Local Government Association	An organisation which works with councils to support, promote and improve local government.
LTP	Local Transformation Plan	First published in 2015, LTP's set out how local services will invest resources to improve children and young people's mental health across the "whole system". This will also align with the Sustainability Transformation Plan.
MHST	Mental Health Support Team	Berkshire West is one of 25 trailblazers to launch Mental Health Support Teams in 2019, who will work with schools.
MoU	Memorandum of Understanding	An agreement between two or more parties.
PNA	Pharmaceutical Needs Assessment	A statement of the pharmaceutical services provided that are necessary to meet the needs of the area. This assessment is a statutory requirement and is published every three years.
RBHFT	Royal Berkshire Health Foundation Trust	One of the largest general hospital foundation trusts in the country. It provides acute medical and surgical services to the local population as well as specialist services.